



# MARGARET PARK SCHOOL

## SEVEN OAKS SCHOOL DIVISION

385 Cork Avenue | Winnipeg, MB | R2V 1R6  
204.338.9384 (p) | 204.334.6876 (f)

Principal: Mr. Ross Meacham  
Vice Principal: Mrs. Jillian Green

## Welcome Blast!



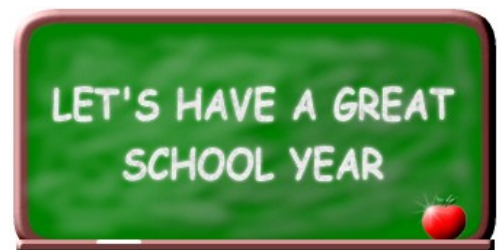
It's a new year and we are off to a great start! Our students have returned to school with energy and optimism, and they are ready to learn.

Over the summer, a new kitchen was completed off our library. We hope it will be a well-used meeting and learning place for our school community. All students are welcome to have breakfast in the new kitchen at 8:30 a.m. every morning.

We are looking forward to our continued work in partnership with all the families of Margaret Park. Welcome back to school!

### Staff Additions & Assignment Changes:

Jillian Green:	Vice-Principal/Learning Support
Alyssa Denysuik:	EA
Sabrina Leister:	EA
Pam Pompana:	Grade 5
Karl Campbell :	PM Kindergarten
Karen Penner:	Grade 5
Harvey Garfinkel :	Grade 3
Jennifer Babcock:	Grade 1/2
Amy Webb:	Grade 1/2



## THE BALANCED SCHOOL DAY

Margaret Park is on a Balanced School Day Schedule. This means that the school day is divided into three 90-120 minute blocks of instructional time. Two longer nutrition and activity breaks are provided in the morning and afternoon instead of the traditional mid-morning/mid-afternoon recess and noon hour lunch. This schedule creates equally balanced teaching/learning blocks in the school day. The two breaks allow for eating and activity in both the morning and afternoon. Since Kindergarten is a half-day program, they are not included in this schedule.

BEFORE ACTIVITY BREAK 11:00-11:25 AM	SNACK ACTIVITY BREAK	HEARTY NUTRITIONAL SNACK
1:00-1:25 PM 1:25-1:55 PM	LUNCH LUNCH RECESS	NUTRITIOUS LUNCH

**+Milk tickets are available in the office - 10 tickets for \$5.00  
one ticket = one milk (white/chocolate)**



We will have fun activities and involve our students to have a better understanding of healthy food choices by informing them about the type of food that they eat. Early on in this school year, we are asking for your help. Please try to send fruit and vegetables as a snack to school. The less packaging, the better! Throughout the year, we will let you know how we are doing and give ideas about healthy snacks to pack. Thanks in advance for your help.

## **SAFETY REMINDERS**

**The Safety of your children is of prime importance to us. In order to do this, we kindly ask that you respect the following Safety Reminders.**

### **MARGARET PARK CALL BACK SYSTEM**

**At Margaret Park we have an attendance call back system. If your child is going to be away from school due to medical appointments, illness or any other reason, we ask that you call the school office and speak to one of the secretaries any time after 8:30 am and by 1:00 pm for afternoon Kindergarten.**

**204-338-9384**

**If we do not hear from you and your child is not in attendance, we will give you a call to make sure he/she is safe.**

### **Morning Supervision**

**Supervision on the playground begins at 8:30 a.m. The school does not provide supervision before 8:30 AM. Adults (identifiable by safety vests) are on duty on the playground before school and during activity breaks.**

### **Drop Off**

**A big THANK YOU to all parents/guardians for respecting the 'NO PARKING ZONES'**

**There is No stopping or parking in the bus loop between 8:15 AM-4:00PM**

**Please do not use the parking lot to "drop and go". Cars backing out creates a safety concern for adults and students. Parking is available on Salter and the west part of Cork Ave.**



## HEALTH CHALLENGES FACED BY MANITOBA YOUTH

- ❖ Traffic congestion is directly linked to poor air quality and increased greenhouse gases around schools.
- ❖ In Manitoba, 45% of the population is inactive.
- ❖ Only 9% of Canadian children aged 5-17 get the 60 minutes of heart-pumping activity they need each day.

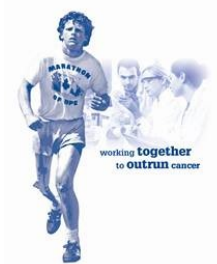
## THE BENEFITS OF ACTIVE SCHOOL TRAVEL

- ✓ Increases physical activity throughout the entire day.
- ✓ Reduces traffic congestion, air pollution, and greenhouse gas emissions.
- ✓ Increases exposure to sunlight, which helps regulate sleep patterns.
- ✓ Results in fewer injuries when paired with appropriate infrastructure.
- ✓ Increases readiness to learn and can lead to higher grades in school.
- ✓ Enhances neighbourhood safety, social connectivity, and sense of community.

Source: *Making Children Count: A Call to Action to Increase Active School Travel in Manitoba*  
[www.greenactioncentre.ca/MakingChildrenCount](http://www.greenactioncentre.ca/MakingChildrenCount)

## Terry Fox School Run

The annual Terry Fox School Run for Margaret Park School is coming up on September 21st. This year our school has a goal of raising even more for cancer research than we did last year! The Terry Fox Foundation has a great reputation, with \$.82 cents of every dollar raised going directly to cancer research. You can simply give your child cash/change on or before Run day or donate online by visiting our school fundraising page: <http://www.terryfox.ca/MargaretPark>



Any parent/guardian or other family member is welcome to come walk with us from 2:00 pm—3:15 pm on the 21st. . For more information please contact the school.



**Partners in Learning**

# **Margaret Park School**

**385 Cork Avenue**

## **Parent/Child Programs**

We'd like to welcome families in our school community to join us for our **FREE** Parent/Child Programs held in our **Margaret Park Family Centre (Room 10)**. During each of our programs, parents/caregivers participate in fun activities along with their children. With a focus on literacy, nutrition, parenting and building community, our programs encourage you to connect with each other. This is also a great opportunity to meet other families in your community.

### **Story Time**

A parent/child program for children ages 5 and under that includes stories, songs, rhymes and art activities. You and your child will have fun together sharing and meeting others. A snack is also provided.

**Weekly classes are offered on Tuesday and Wednesday mornings  
from 10:00-11:30 am**

(Please see program calendar for more details)

### **Evening Gym Program**

A time for parents and their children, ages 5 and under, to have fun participating in physical activities together in our gym.

**This program is offered on Thursday Evenings from 6:30-7:30 pm**

**(Please see program calendar for more details)**

**Registration is required as space is limited.**

For more information or to register for our Parent/Child Programs, please contact

Debbie Talling (Community Coordinator) via email at [debbie.talling@7oaks.org](mailto:debbie.talling@7oaks.org)

or call (204) 338-9384.





# MARGARET PARK SCHOOL

## SEVEN OAKS SCHOOL DIVISION

### CALENDAR OF EVENTS 2018 - 2019

#### SEPTEMBER 2018

September 3 Labour Day – NO SCHOOL  
 September 4 & 5 Orientation Days  
 September 6 First Day of Classes  
 September 10 Rosh Hashanah  
 September 24 PD Day – NO SCHOOL

#### OCTOBER 2018

October 8 Thanksgiving Day – NO SCHOOL  
 October 12 Divisional In-service - NO SCHOOL  
 October 19 MTS PD Day – NO SCHOOL  
 October 26 Picture Day - 9:00 am

#### NOVEMBER 2018

November 14 Picture Retakes  
 November 27 Report Cards Online  
 November 29 & 30 Student/Family/Teacher Conference  
 – November 30th - NO SCHOOL

#### DECEMBER 2018

December 7 Winter Concert (All Grades)  
 December 21 Winter Solstice  
 December 21 Last Day of School before Winter  
 Break  
 December 24 –  
 January 4 WINTER BREAK  
 December 25 Christmas Day  
 December 26 Boxing Day

#### JANUARY 2019

January 1 New Year's Day  
 January 7 School Re-Opens

#### FEBRUARY 2019

February 1 PD Day – NO SCHOOL  
 February 18 Louis Riel Day – NO SC

#### MARCH 2019

March 12 Report Cards Online  
 March 14 & 15 Student/Family/Teacher  
 Conferences - March 15th NO  
 SCHOOL  
 March 22 Last Day of School before Spring  
 Break  
 March 25-29 SPRING BREAK – NO  
 SCHOOL

#### APRIL 2019

April 1 School Re-Opens  
 April 19 GOOD FRIDAY  
 April 26 PD Day – NO SCHOOL

#### MAY 2019

May 17 PD Day - NO SCHOOL  
 May 20 Victoria Day -  
 NO SCHOOL  
 May 27 Musical (Early Years)  
 May 29-31 Arts in the Park

#### JUNE 2019

June 7 PD Day – NO SCHOOL  
 June 21 Summer Solstice  
 June 24 PD Day - NO SCHOOL  
 June 27 Report Cards Online  
 June 28 Last Day of School